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HUMAN RESOURCES MANAGEMENT

Human Resources Management, Learning & Development is committed to encouraging and supporting the holistic development and well-being of all MSU employees.

PRO Chats are short, practical conversations that discuss tools and resources to help employees grow professionally. PRO Chats are typically between 30-45 minutes and allow the participants to get involved by making comments and asking questions. They are held in the Fowlkes Auditorium from 2:00 – 3:00 p.m. Check out the schedule below and register for PRO Chats today.

PRO CHATS

Leading Up: How To Anticipate What Your Leader Needs

Regina Young Hyatt, Vice President for Student Affairs
January 25, 2017

When we think about leading we often think of leading down or leading across; however, sometimes we don't think about the importance of leading up. Few relationships are as important as the one you have with your supervisor. This chat will discuss how to effectively communicate with your supervisor, how to anticipate your supervisor needs, and how your actions and attitude help your supervisor become a better leader.

Overcoming Negativity In The Workplace

Allison Pearson, Interim Associate Vice President for Academic Affairs
March 29, 2017

We have all experienced negativity in the workplace. We may have even been the instigator of that negativity. One thing is certain: our attitude is a choice. This chat will explore how to minimize the impact of negativity in the workplace, learn to "disagree and commit", and shape our attitudes to be more positive, even in light of not so positive situations.

Managing Distractions At Work

Darrell Easley, Learning & Development, Human Resources Management
May 24, 2017

Are you easily distract...(Squirrel!)...distracted? Many of us struggle with getting meaningful work done because of email dings, instant message notifications, phone calls, door knocks, and our own attention spans. Overcoming these distractions is not easy, but necessary if you want to become more productive. This chat will cover minimizing digital distractions, exploring where you are really spending your time, and strategies for getting meaningful work done.

Your Internal Compass: Developing A Set Of Core Values

David Shaw, Vice President for Research and Economic Development
July 26, 2017

What drives you? Your work? Your decisions? Having a strong set of core values provides you an internal compass to guide your work, your decisions, and your success. This chat will talk about how to find out what's meaningful to you and how to then use your core values to shape your work and your decisions.

How YOU Get Things Done: Bring Your Best Productivity Tip

Learning and Development Staff
September 27, 2017

This interactive chat will be based on what you bring to the discussion. Some of the best learning occurs when we learn from others. The three things you will need for this session are: 1) Your best productivity tip, 2) A notebook to write down all the great tips, and 3) A willingness to share what makes you productive. How does it feel when you get in your "zone" and what allows you to get there?

The Importance Of Unplugging....Every Once In A While

Scott Cappleman
November 29, 2017

We live in a connected world. We are plugged in nearly from the time we wake up, right up until the time we go to sleep. Come to this chat to find out how being plugged in is affecting your productivity, your creativity, and your sleep.

Sign up for one, two, or all six PRO Chats and tell a colleague. Here's how to sign up:

- 1.) Go to <https://mississippi.state.pageuppeople.com/>
- 2.) Enter your MSU NetID and password.
- 3.) Under the My Community tab, click on Learning Library.
- 4.) Choose the PRO Chat(s) you would like to attend and read the course detail.
- 5.) Click on "Book" directly below the course detail. After clicking "Book" another section will open. Scroll down and simply click "Book" again to confirm.

Darrell Easley, from Human Resources Management is coordinating registration. Should you have any questions or need special assistance relating to a disability please contact Darrell Easley, deasley@hrm.msstate.edu or 662.325.3713.

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